# WORKING AT HEIGHT AWARENESS

Duration: 1/2 Day

### **COURSE AIM**

The course will enable an individual to effectively comply with their duties under the Work at Height Regulations and raises awareness of the safety factors to be considered when working at height.

### CERTIFICATION

Delegates successfully completing the course will receive a Frameworks Certificate of Training.

# DID YOU KNOW WE ALSO OFFER THE FOLLOWING COURSES?

- Level 1 Health & Safety Awareness in a construction environment.



### WHO SHOULD ATTEND?

Anyone who needs a thorough and wellstructured introduction to the key safety issues and legal implications of working at height.

### **COURSE CONTENT**

## Delegates will cover the following areas.

- Management of Health and Safety at work regulations 1999,
- Construction (Design and management) regulations 2015,

- The work at height regulations 2005,
- The provision and use of work equipment regulation 1998,
- PPE and safety harnesses,
- The safe use of ladders,
- Safe working with scaf













